

# IN THE AFTERMATH OF A SCHOOL SHOOTING

## Information and resources

### Information sources

**Department of Homeland Security**  
[www.dhs.gov/](http://www.dhs.gov/)

**Local law enforcement contact information**  
[www.usacops.com](http://www.usacops.com) (dial 911 in an emergency)

### Articles and resources

**American Psychological Association**  
[Helping your children manage distress in the aftermath of a shooting](#)  
[Managing your distress in the aftermath of a shooting](#)

**National Institute of Mental Health**  
[Helping Children and Adolescents Cope with Traumatic Events](#)

**The National Child Traumatic Stress Network**  
[School Shooting Resources](#)

**Substance Abuse and Mental Health Services Administration**  
[Disaster Distress: Incidents of Mass Violence](#)

### Support

**Disaster Distress Helpline**  
Call or text 1-800-985-5990  
Crisis counseling/support for anyone with emotional distress related to natural or human-caused disasters

**American Red Cross**  
Provides food, water and emotional support for affected families and first responders  
1-800-733-2767  
Find your local chapter at:  
<http://www.redcross.org/find-your-local-chapter>

**American Red Cross Reunification**  
Tips/assistance in reconnecting with loved ones.  
[www.redcross.org/get-help/disaster-relief-and-recovery-services/contact-and-locate-loved-ones.html](http://www.redcross.org/get-help/disaster-relief-and-recovery-services/contact-and-locate-loved-ones.html)

**The Compassionate Friends:  
Supporting family after a child dies**  
This is a national bereavement nonprofit that offers resources to grieving parents. Connect with local chapters and other resources at:  
[www.compassionatefriends.org](http://www.compassionatefriends.org)

**Together, all the way.®**



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