



Build stronger money habits

Be a part of America Saves Week with tips for setting money aside for an emergency, saving for short- or long-term goals, tackling debt, and creating a plan for the future. Select a topic below to get more information and to register for our online workshops.



AMERICASAVESWEEK

APRIL 7–11, 2025

Monday, April 7 SAVING AUTOMATICALLY

- [Identify and Prioritize Your Savings Goals](#) 10 a.m. ET
- [Retirement Basics \(Saving for the Future You\)](#) 12 p.m. ET
- [Investing for Beginners](#) 2 p.m. ET
- [A Woman’s Guide to Building a Financial Plan](#) 4 p.m. ET

Tuesday, April 8 SAVING FOR THE UNEXPECTED

- [Prepare for the Reality of Health Care in Retirement](#) 10 a.m. ET
- [Managing my money: Budget, emergency savings, and debt basics](#) 12 p.m. ET
- [Tackle Debt and Understand Your Credit Score](#) 2 p.m. ET
- [Navigating Market Volatility](#) 4 p.m. ET
- [Create a Budget and Build Emergency Savings](#) 6 p.m. ET

Wednesday, April 9 SAVING FOR MAJOR MILESTONES

- [Make the Most of Your Retirement Savings](#) 10 a.m. ET
- [Learn the Basics of When and How to Claim Social Security](#) 12 p.m. ET
- [Fundamentals of Retirement Income Planning](#) 2 p.m. ET
- [Identify and Prioritize Your Savings Goals](#) 4 p.m. ET

Thursday, April 10 PAYING DOWN DEBT IS SAVING

- [Tackle Debt and Understand Your Credit Score](#) 10 a.m. ET
- [Create a Budget and Build Emergency Savings](#) 12 p.m. ET
- [What is Financial Wellness and why is it important?](#) 2 p.m. ET
- [Managing my money: Budget, emergency savings, and debt basics](#) 4 p.m. ET

Friday, April 11 SAVING AT ANY AGE

- [Investing for Beginners](#) 10 a.m. ET
- [Make the Most of Your Retirement Savings](#) 12 p.m. ET
- [A Woman’s Guide to Building a Financial Plan](#) 2 p.m. ET

To register, scan the QR code below



Investing involves risk, including risk of loss.

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