



LETTER TO PHYSICIAN

For Your Doctor

Take a copy of this letter to your or your covered dependent's next doctor's visit. It will help inform your doctor about your medical coverage and programs available to you. It will also help ensure that your insurance is billed correctly.

To My Doctor and Billing Staff:

I participate in a medical plan through my employer, RRD. For the best outcome for me — and prompt, maximum reimbursement to you — please note the following:

In-network preventive care office visits are 100% covered by my medical plan, so please code office services accordingly.

My medical vendor is _____.

Questions?

BCBSIL:
1-800-537-9765

UnitedHealthcare:
1-877-442-5999

Prescription drugs will be more affordable for me if you remember the following:

- Generic medicines are the most cost efficient under my plan. Please let me know if there is a generic option for any brand-name drugs I am currently taking or that you are prescribing to me today.
- I am required to use CVS Caremark's Maintenance Choice Program to fill maintenance medication prescriptions.

CVS Caremark:
1-866-273-8402

I have access to programs to help me manage chronic health conditions. Let's talk about whether I could benefit from any of these:

- Condition management programs through my medical vendor;
- Livongo for Diabetes Program, which offers unlimited strips and lancets, an advanced blood glucose meter and expert advice from certified diabetes instructors; and
- Livongo for Hypertension Program, which provides a blood pressure cuff and an exclusive FDA-approved touchscreen meter, personalized reports and health coaching, and access to a mobile app to view and track my readings.

BCBSIL:
1-800-537-9765

UnitedHealthcare:
1-877-442-5999

Livongo:
1-800-945-4355

I also have access to ConsumerMedical for help with health-related issues or concerns.

ConsumerMedical can help me understand a diagnosis, help me choose the best specialists and hospitals for treatment, provide resources and support, and more. ConsumerMedical also offers specialized support programs if I am considering certain elective surgeries or if I am diagnosed with cancer.

ConsumerMedical:
1-888-361-3944

RRD's Employee Assistance Program (EAP) through Beacon Health can help me deal with life's challenges. Experienced, licensed counselors are available 24/7 to provide guidance and support, and there are programs and resources to help me quit tobacco, eat right, get fit and more.

Life & Wellness
Resource Center:
1-877-883-0396

Thank you,

Patient Signature

Date

Please place a copy of this letter in my patient file.



RRD BENEFITS
HEALTH | WEALTH | LIFE