



Your Fitness Program now gives you full access to BurnAlong at no cost.*

What BurnAlong includes

Your Well onTarget® Fitness program membership now includes BurnAlong, a digital, online platform that allows you to stay active from the comfort and safety of your own home. It is another option to help keep you healthy and fit. You will have access to videos across 45+ categories including cardio boot camps, barre, yoga, strength training and more. There are even classes you can take with your dog!

Mobile app

Plus, after you register for your complimentary BurnAlong account, you can download the mobile app (in the Apple or Google stores) so you can take your workouts with you.

How to register

Sign in to your Blue Access for MembersSM account and click on the Fitness Program portal. Within "My Account," select "Account Overview" and register your complimentary BurnAlong account through the BurnAlong tile.

How to get started

Once you register, you can log in directly through burnalong.com or the mobile app whenever you want.

No additional cost

There's no additional cost to you to register and use BurnAlong. Your account will remain active as long as your Well onTarget Fitness Program membership is active.

Questions?

Call 888-762-2583 Monday-Friday, 8 a.m.-5 p.m. CT

*Limitations apply. See Program Agreement for details.

Always talk with your doctor before starting an exercise program. Fitness Program members must have Internet service to access BurnAlong service. Internet service charges are responsibility of Fitness Program members.

BurnAlong is an independent company that has contracted with Blue Cross and Blue Shield of Illinois to provide digital fitness activities for members with coverage through BCBSIL.

Blue Cross and Blue Shield of Illinois makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.

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